



Morrison County provides cost effective, high quality services to county residents in a friendly and respectful manner.

Health and Human Services

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Abusive Head Trauma (AHT) – Training Post-Test

Family/program name: _____

Instructions:

View the approved videos (found here: <http://www.anokacounty.us/DocumentCenter/View/6749>), then complete the following post-test. Programs with multiple license holders may complete this together on one form – just make sure both license holders view the videos, sign and date the form. By signing the form you are acknowledging this to be true. Return the completed form(s) to the licensor to verify completion – additional certification is not required.

1. A normal, healthy baby may cry up to ____ hours or more per day.
2. What is the number one reason babies are shaken or hurt by their caregivers?
3. Abusive Head Trauma is caused by the following (mark all that apply):
 - a. Age appropriate play
 - b. Short falls
 - c. Direct blows to the head
 - d. CPR
 - e. Violent shaking
 - f. Throwing a child

4. Shaking a baby can cause serious injuries. Name four:

- a. _____
- b. _____
- c. _____
- d. _____

5. Name three ways to soothe a crying baby:

- a. _____
- b. _____
- c. _____

6. True or False: A single shake may cause brain damage in an infant.

7. True or False: AHT only applies to infants.

8. Infants are believed to be particularly susceptible to AHT because of their relatively large and heavy _____ and underdeveloped _____ muscles.

9. Name a common trigger that caregivers experience that leads to AHT. _____

10. True or False: Abusive Head Trauma is preventable.

11. True or False: Activities that may cause Abusive Head Trauma include tossing a child into the air or jogging with a child in a backpack.

12. Name three strategies a caregiver can use to cope with a crying baby:

a. _____

b. _____

c. _____

Date of completion: _____

License Holder: (print) _____ (signature) _____

License Holder: (print) _____ (signature) _____