

Continuing Education Training Resources for Licensed Foster Parents

Below is a list of several videos and books that can be used towards your 12 annual continuing education credits for your foster care license with Morrison County. Please submit the attached form to your licensing worker to verify each training you view. This can be done over email, mail or in person at your re-licensing Visit. If you are a licensed couple, each individual needs to watch and submit the answers.

If you have found a helpful video, book, webinar or training that is not on this list, please feel free to share it with your licenser so it can be added to the list.

Training Requirements for foster providers:

12 credit hours of training are required annually for licensed foster providers

Child Passenger Restraint Training (Required every 5 years if caring for children under 9, must provide proof of attendance)

Children's Mental Health Training (2 hours required initially, 1 hour annually)

Fetal Alcohol Spectrum Disorder (1 hour required annually)

Sudden Unexpected Infant Death (Required every 5 years if caring for children under 5 years)

Abusive Head Trauma (Required every 5 years if caring for children under 5 years)

Videos/Documentaries/Webinars:

Video on MN Child Protection System in court (Highly Recommend Watching)– 1 Training Credit

https://youtu.be/TDHD3f_lmw

Comfort calls

[Initial/Comfort Call Resources — QPI - MN \(qpimn.org\)](#)

The Talk – An Honest Conversation with a Therapist, a Social Worker, and a Foster Parent

<https://www.fosteradoptmn.org/product/20210510-webinar-the-talk/>

Instant Family movie

Gender Revolution: Journey with Katie Couric documentary

ADHD - 1 Training Credit

<https://www.youtube.com/watch?v=7MezNUnJRi4&feature=youtu.be>

Karen Purvis the 7 Insights and 7 Gifts Series - 1 Training Credit (Must watch all short videos)

<https://www.youtube.com/playlist?list=PL9WCXSvAXd6MyxjybNIFmZEI0tsKww97r>

Introduction to TBRI - 1 Training Credit

<https://www.youtube.com/watch?v=7vjVpRffgHQ>

Child Protection Work in Minnesota: A Realistic Job Preview – 1 Training Credit

<https://www.youtube.com/watch?v=pEJhyxo4BJI&t=1s>

Complex Trauma in Children – 1 Training Credit

<https://www.youtube.com/watch?v=YkTX9Dsp2J4>

The Effect of Trauma on the Brain – 1 Training Credit

<https://www.youtube.com/watch?v=m9Pg4K1ZKws>

Foster – An HBO Documentary on Foster Care – 1 Training Credit

<https://www.hbo.com/documentaries/foster>

You must have HBO or sign up for the free trial to view this video

Why can't an addict stop using? – 1 Training Credit

<https://www.youtube.com/watch?v=l1mjGLqLvxA>

Behavioral Challenges in Foster Care – 1 Training Credit

<https://www.youtube.com/watch?v=EG14nLqW1kA&t=69s>

Children Mental Health Training for Formal and Informal Caregivers – 3 Training Credits

<https://www.youtube.com/watch?v=p6uyjZMRnRE>

The effect of Trauma on the Brain and How it Affects Behaviors – 1 Training Credit

<https://www.youtube.com/watch?v=m9Pg4K1ZKws&t=358s>

What adolescents need to thrive – 1 Training Credit

<https://www.youtube.com/watch?v=S05PBOldSeE>

Teens and Technology: The Impact of Social Media on Relationships, Friendships and Families – 1 Training Credit

<https://www.youtube.com/watch?v=toLI8TRTqB0>

Orphans – Drug Addiction – NAS and Foster Care – the Opioid Epidemic – 1 Training Credit

<https://www.youtube.com/watch?v=gPh4JlJpnB8>

Clinical Assessment of Children with Problematic Sexual Behavior: An Overview - 1 Training Credit

<https://www.youtube.com/watch?v=PdMbjJfipCs>

Long Term Effects of Prenatal Substance Exposure in Children – 2 Training Credits

<https://www.youtube.com/watch?v=V8N26aLbnPw>

The Line: Poverty in America – 1 Training Credit

<https://www.youtube.com/watch?v=rHyNBGIFYl8>

Closure (A documentary about an adoptive child reconnecting with her birth family) -1 Training Credit
(You must have Amazon Prime to watch)

https://www.amazon.com/gp/video/detail/B07H9QJN8J/ref=atv_dl_rdr?autoplay=1

Several FASD Trainings at:

[Training: On-Demand Webinars - Proof Alliance](#)

You need to make a free account in order to access trainings.

Bringing Peace and Connection to Mealtimes: Tackle Picky Eating

<https://www.fcnf.org/news-events/calendar/bringing-peace-and-connection-mealtimes-tackle-picky-eating>

Below is the link for the Center for Advanced Studies in Child Welfare (CASCW) YouTube page. There are many educational videos posted on the page that were developed right here in Minnesota. Feel free to find and watch any videos on the page. 1 hour in videos equals 1 continuing education hour. Feel free to watch a combination of different length videos to reach 45min- 1 hour. Please answer the below questions to get credit for the videos you watch.

<https://www.youtube.com/channel/UCCVMd06ucodYSO6c9YeHX8Q/videos>

[FosterParentCollege.com: Online Training for Foster, Adoptive, and Kinship Parents and Carers](#)

NACAC: https://www.nacac.org/get-training/recorded-trainings/?lcp_page0=1#lcp_instance_0

LSS: [Foster Care Adoption Education | Online - CHLSS](#)

Articles:

8 Things to Remember About Child Development – 1 Training Credit

<https://developingchild.harvard.edu/resources/8-things-remember-child-development/>

Healing from Food Insecurity: Beyond the Stash

<https://www.nacac.org/resource/healing-from-food-insecurity/>

Supporting Collaborative Birth and Foster Parent Relationships

<https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=&cad=rja&uact=8&ved=2ahUKEwimspXiqIWMAXFklkEHUtnCfoQFnoECBkQAQ&url=https%3A%2F%2Fcascw.umn.edu%2Fcw360deg-summer-2022-supporting-collaborative-birth-and-foster-parent-relationships-child-welfare&usg=AOvVaw1T9t3tCtg7vt2HEUDCWape&opi=89978449>

Podcasts:

1 training credit for every 1 hour listened to (Give or take 15 min)

-Must complete Training Credit Summary

Big Baffling Behaviors Podcast

<https://www.subscribepage.com/startherepodcast>

Center for Advanced Studies in Child Welfare (Various podcasts)

<https://cascw.umn.edu/professional-development/podcasts>

Foster Movement Podcast

<https://resources.cafo.org/series/foster-movement/>

The Forgotten Podcast

<https://theforgotteninitiative.org/podcast/>

The Fostering Change Podcast

<https://www.comfortcases.org/podcast/2019/7/22/welcome-to-the-fostering-change-podcast>

Book Ideas:

You are welcome to read any relevant books and provide a brief summary about the book that you read. Below are a few book suggestions:

Big Baffling Behaviors – Robyn Gobbel

Anxious Generation – Jonathan Haidt

Good Inside – Becky Kennedy

A Framework for Understanding Poverty by Ruby Payne

Ready or Not: 30 Days of Discovery For Foster & Adoptive Parents by Pam Parish

Another Place at the Table by Kathy Harrison

Welcome to the Roller Coaster by DD Foster

Foster Parenting 101... and other books by Dr. John DeGarmo

Parenting with Love and Logic by Foster Cline and Jim Fay

The Foster Parenting Toolbox by Kim Phagan-Hansel

More To Me By Saty Cornelius

The Connected Child by Karyn Purvis

To the End of June: The Intimate Life of American Foster Care by Chris Beam

We also have training resources regarding foster care/adoption's impact on biological/adoptive children. Please reach out to your licensor for more information.